



Archbishop Riordan High School Athletic Handbook

175 Frida Kahlo Way
San Francisco, CA 94112

Website: www.riordanhs.org

HISTORY OF ARCHBISHOP RIORDAN HIGH SCHOOL

Archbishop Riordan High School is a Catholic secondary school for boys operating under the jurisdiction of the Department of Education in the Roman Catholic Archdiocese of San Francisco.

Archbishop Riordan High School was opened in September of 1949 and was entrusted to the direction of the Society of Mary (Marianists). The Society of Mary is an international religious congregation of men in the service of the Catholic Church. Father William Joseph Chaminade founded the Society in 1817 at Bordeaux, France. This society has a unique characteristic in the Church. Its members—Brothers and priests, teachers and non-teachers—belong to it on a plane of absolute equality; there are differences in function, but none of rank, privilege, or prerogative. Education is the principal work of the Society, though a large number of religious are acts in other works of the apostolate such as preaching, parish work, orphanages, missions, and directing lay apostolate groups.

Archbishop Patrick Riordan invited the Marianists to California 1884. In the summer of 1886, five Marianists from Saint Mary's Stockton began the many years of service in San Francisco. At St. Joseph Parish in the downtown district of the City, they began a grammar school for boys. In 1906, the Marianist opened a high school department at Saint James while also conducting Saint James Grammar School in the Mission District. With the increasing demands for another and still larger boys' high school in San Francisco, the Marianist closed the high school department at Saint James in 1949, and opened a newly constructed high school at 175 Phelan Avenue. The newly founded Archbishop Riordan High School would serve as a monument to the memory of Archbishop Patrick William Riordan, D.D., the second Archbishop of San Francisco, 1884-1914.

Mission Statement

Archbishop Riordan High School, an Archdiocesan Catholic High School in the Marianist tradition, prepares young men for leadership and lifelong success by providing education imbued with Catholic Marianist values of faith, community, inclusivity, service and justice through its rigorous college preparatory curriculum, house system, and co-curricular activities.

Philosophy Statement:

Archbishop Riordan High School, a Catholic High School for young men, is owned by the Roman Catholic Archdiocese of San Francisco and sponsored by the Society of Mary (Marianists), in collaboration with dedicated lay men and women. Archbishop Riordan reflects the cultural diversity of the City of San Francisco and its adjacent communities. The school provides a rigorous college preparatory curriculum that respects the uniqueness of each student and commits to educating students of varying abilities.

In the spirit of a Marianist education, Archbishop Riordan High School is an academic institution that:

- Embraces diversity and educates students in the Catholic Marianist tradition.
- Promotes each student's personal growth by developing his spiritual, intellectual, physical, emotional and social well-being.
- Cultivates a dynamic teaching and learning environment.
- Creates a family environment that fosters personal relationships and brotherhood honoring the Marianist traits of openness, respect, integrity, hospitality, friendship and graciousness.
- Fosters a collaborative working and learning environment.
- Prepares students to have a positive impact on the world by preparing them for 21st Century roles in communication, technology, community service, environmental awareness, and health and welfare.

The school community appreciates and embraces diversity and develops critical thinking skills in the search for truth. We seek to form students in the Marianist tradition of service, justice and peace by insisting that they be critically reflective of societal injustices. Based on Gospel values, Church teachings and our Marianist tradition, students are encouraged to be active participants in personal and social change. As a single gender school for young men, Archbishop Riordan is dedicated to providing an environment that both challenges and nurtures its students during their high school years.

Archbishop Riordan High School, mindful of its mission to be witnesses to the love of Christ for all, admits students of any race, color, and national or ethnic origin in the administration of our educational policies, scholarship and financial aid programs, athletic or other school administered programs.

ALMA MATER

Sing from the top of the mountain
Of Riordan's hallowed name.
Ring through the soft, green valley
Our Alma Mater's fame.

Chorus:

Our purple is our loyalty
Our gold is tried and true.
All hail to Riordan High School,
Hail, Alma Mater, Hail Alma Mater,
Hail, all hail to you.

– Br. Carl Spooner, S.M. 1949

ARCHBISHOP RIORDAN ATHLETICS

Archbishop Riordan Athletics represent close to 350 student-athletes competing in 8 interscholastic sports and 2 club teams. The constitutions, by-laws, and regulations of the **California Interscholastic Federation (CIF)**, **Central Coast Section (CCS)**, and the **West Catholic Athletic League (WCAL)** govern all of Archbishop Riordan Athletics. These organizations and their policies parallel the objectives of Archbishop Riordan High School and are used to guide coaches, student athletes, and their families to positive high school athletic experiences.

As a school in the Marianist tradition, our Community looks to the teachings of Blessed Father William Joseph Chaminade to support Archbishop Riordan Athletics in creating a highly competitive environment that inspires young men to express their strengths and build upon their areas of growth.

All of Archbishop Riordan's coaches are committed to serve as role models and mentors for student athletes; encouraging their development academically, physically, emotionally and spiritually. Our coaches **"Educate in Family Spirit"** in partnership with administration, teachers, counselors, ministers and families to foster the overall life development of our student athletes. Our coaches understand, implement, and abide by the policies set forth in the Archbishop Riordan Student Handbook with regard to coach and student athlete behavior on and off the field.

THE ARCHBISHOP RIORDAN STUDENT ATHLETE

An Archbishop Riordan Student Athlete encompasses the definition of "Sportsmanship" which is defined as the quality of showing fairness, respect, and generosity toward their competition and the sport itself. The promotion of sportsmanship in Archbishop Riordan Athletics is always of utmost importance. Sportsmanship demonstrated by our student athletes is the clearest sign of representing the mission of our school. Therefore, the goal of every Archbishop Riordan student athlete is to model the standards of sportsmanship in all athletic endeavors.

Participation in Archbishop Riordan Athletics is a privilege, not a right. It is earned through competition for membership on a team and the strict observance of the policies set forth in the [Archbishop Riordan Student Handbook](#). Any actions contrary to this is not limited to result in the revoking of this privilege.

All student athletes are expected to attend all practices, team meetings, and games unless excused by their coach or an administrator. Athletes are expected to be prompt for all athletic events and are required to wear proper game and practice attire. Coaches must be notified by the student athlete if they are to miss practice. If the student is injured and present in school, he is still expected to be at practice unless directed not to by the Athletic Trainer or by a note from his physician.

Any “unexcused absences” as defined the [Archbishop Riordan Student Handbook](#) are grounds for dismissal from the team.

Student-athletes are allowed to miss class time for approved athletic events. It is the responsibility of the student athlete to communicate with their teachers in advance to obtain class work that might be missed due to their athletic commitment. Student must attend 50% of their scheduled class time in order to participate in practice or a scheduled competition on that school day.

If a student athlete chooses to quit a sport during team competition without extenuating circumstances, the student athlete will not be allowed to participate in Archbishop Riordan team competition until the season of sport they choose to quit has been completed.

THE ROLE OF THE FAMILY

Archbishop Riordan Athletics expects our families to work in partnership with Archbishop Riordan High School’s mission and philosophy, and be living examples of sportsmanship and Christian Conduct to assist in the development of our student athletes. We ask all families to please refer to the “Archdiocesan Code of Christian Conduct for Students and Parents” in the Archbishop [Archbishop Riordan Student Handbook](#) for guidance and support.

Families who chose not to accept this partnership, can put the development of the student athlete in jeopardy. Therefore, Archbishop Riordan High School reserves the right to prohibit attendance to any individual(s) at Archbishop Riordan events if the administration reasonably concludes that their language, behaviors, and actions interfere with the accomplishment of Archbishop Riordan High School’s educational and athletic policies.

INFORMED CONSENT – AWARENESS OF SPORTS INJURY RISK – WARNING AND AGREEMENT

By its nature, competitive athletics can put students in situations in which SERIOUS, CATASTROPHIC, and perhaps FATAL accidents could occur. Students and parents/guardians must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; participation in athletics is inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. By granting permission to your son to participate in athletic competition, a parent or guardian acknowledges that playing or practicing in any sport can be a dangerous activity involving MANY RISKS OF INJURY. Both the athlete and parent must understand that the dangers and risks of playing or practicing to play include but are not limited to: death, complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones, joints, ligaments muscles, tendons, and other aspects of the skeletal system, and potential

impairment to other aspects of the body, and general health and well-being. Because of the dangers of participating in sports, we (parent and player) recognize the importance of following coaches' instructions regarding playing techniques, training, equipment and other team rules, etc. both in competition and practice, and agree to obey such instructions.

ATHLETIC MEDICAL CLEARANCES

Archbishop Riordan High School uses SportsNet Inc. to process secure online registration for all athletic clearances. All students **MUST** obtain athletic clearance and complete all other online clearance forms via SportsNet prior to participating in tryouts or any other athletic events. Families who fail to complete the athletic clearance forms by the beginning of the calendar school, make their student athlete "ineligible" to participate in any sport until all forms are uploaded and complete. Instructions for registering athletic clearances are available in the Athletics Section of the school website.

THE ATHLETIC TRAINER

In the event of an injury sustained during an Archbishop Riordan athletic activity, a student athlete will be placed under the care of Archbishop Riordan's Athletic Trainer. The Athletic Trainer will provide an initial diagnosis and a rehabilitation strategy with treatment or a referral to a physician, if necessary. Injured student athletes are to report to the athletic training room as required by the Athletic Trainer after school. Student athletes with non-serious injuries who are not referred a physician can only be released Archbishop Riordan's Athletic Trainer before returning to athletic participation. Student athletes referred or choose to see any physician (ANYTIME) must have a signed note from that particular physician in order to be cleared for athletic participation. Our Athletic Trainer **MUST** have a copy of that note in their file before the student athlete can resume their activities. There are no exceptions. Expect general athletic training room hours to be open to students between 2:20-6:00pm daily. This, however, may vary depending on seasonal athletics and availability.

SUBSTANCE ABUSE POLICY

An Archbishop Riordan student athlete's use of alcohol, tobacco, vape, performance enhancing drugs, androgenic/anabolic steroids or controlled substances is prohibited. Archbishop Riordan High School's substance abuse policies and consequences stated in The Archbishop Student Handbook are in effect at all athletic events, practices, and school sponsored activities. Student Athletes who are on any prescribed medication should report their use to the Athletic Trainer and to the Head Coach.

PROBATION AND ELIGIBILITY

If a student athlete at Archbishop Riordan falls below a 2.0 GPA for either a quarter or semester grading period, the student athlete will be placed "academic probation." At this point, the student athlete will have contracted meetings with their counselor and teachers

to strategize academic success. Academic probation will last until the end of the next grading period. If the student athlete falls below a 2.0 GPA for second consecutive grading period, the student athlete will become “ineligible” and will not be allowed to travel or participate in any team contests. All Archbishop student athletes who become ineligible their Spring Semester must enroll in and pass the appropriate summer school/online courses to be eligible for the Fall Season. the student-athlete achieves a 2.0 GPA or better at the end of the next grading period.

Freshman Student Athletes who are below a 2.0 at the end of the First Quarter, will be placed on probation and cannot miss a class to travel to contests until their GPA is raised above a 2.0.

All Student Athletes who do not meet their required grade-level Community Service and “SHED” hours by their respective deadlines risks “ineligibility” until those hours are complete.

TEAM TRAVEL

Students Athletes will have opportunities to be transported to and from off campus practices games with a coach on school approved transportation with certain exceptions.

All student athletes must have the Travel Permission Agreement completed through Sports Net by a parent or guardian in order to have permission to be driven by adult relatives, by adult relatives of other students, or to drive themselves to and from athletic events if the opportunity is available.

While traveling to and home from a practice or game, all student athletes are expected to conduct themselves in a respectful manner at all times. All rules established by the driver of the vehicle on which the student athletes are riding will be upheld. Failure to abide strictly by these travel directives may result in a suspension or removed from a team.

TEAM PRACTICES AND MEETINGS

Team Practices and Meetings at Archbishop Riordan are considered extensions of classroom learning. Like the classroom experience, practices and team meetings are closed to members outside the particular team of sport and Archbishop Riordan Faculty and Staff.

CONFLICT RESOLUTION

Archbishop Riordan High School supports its coaches’ decisions on game strategy and student athlete playing time. All decisions in these issues are final and are not to be discussed with anyone employed by Archbishop Riordan Athletics or Archbishop Riordan Administration. If a student or family has a concern of another nature, the following procedures must be followed:

- **First:** The student athlete first discusses the issue with their coach(es) before their any family involvement. Coach should never be contacted at home, nor should a coach under any circumstances, be contacted directly before, during or after an athletic event.
- **Second:** If the concern still exists after the meeting with the coaching staff, the student athlete and/or family may contact the Athletic Director to voice the concern.
- **Third:** Any further concerns will be addressed by the Dean of Student Affairs and/or other members of Archbishop Riordan Administration.

SPORT PACKS

Archbishop Riordan Athletics will require some athletic wear to be purchased. These items may include practice attire/equipment, and/or game day attire through the use of Sport Packs online Athletics Apparel and School Uniform Store. Archbishop Riordan Athletics will make every effort to make sure particular Sport Packs items are consistent among all Archbishop Riordan Athletic Sport Teams to keep costs down for multiple sport athletes. Instructions for purchasing Sport Packs items are available on the school website.

MULTIPLE SPORT ATHLETES

The Archbishop Riordan Community feels strongly that playing multiple sports can be a valuable part of the high school experience. Student athletes who commit to more than one sport with conflicting workouts and practices will follow the schedules, created in partnership, by their various head coaches and the Athletic Department which are designed to provide balance in the best interests of the student athlete.

RETREATS AT ARCHBISHOP RIORDAN

Archbishop Riordan Athletics encourages all athletes to fully participate in all programs of spiritual development. Student Athletes should actively participate in all available retreat programs but they should try to schedule retreats in their off-seasons in order to avoid conflicts with their athletic schedules. Student athletes involved in multiple sports are required to consult with the Athletic Director and the Director of Campus Ministry before registering for a retreat during one of their multiple sport seasons.

ATHLETIC EQUIPMENT

Equipment/Attire issued by the Equipment Manager should be cared for properly. Please follow the wash and care instructions for all garments throughout the completion of the season of the sport. Student-athletes will be charged for the replacement of any lost or damaged equipment. Student-athletes who fail to return their equipment on time will automatically become ineligible until ALL equipment is returned.

ATHLETE/GAME-DAY ATTIRE

On game days, Athletic Formal Dress (Track Jacket, White Oxford, Tie, Regular Khakis, Regular Shoes) is required for student athletes during the school day by the Athletic Department. After School, athletes are then allowed to wear, Archbishop Riordan Athletic Apparel (Game Uniforms or Riordan Athletic Tracksuits), before and after the games. Spirit Day dress is acceptable as school game day attire, as long as it meets the Spirit Day requirements.

STRENGTH AND CONDITIONING PROGRAM

All Archbishop Riordan Athletic Teams will incorporate on and off season workout programs created by our Head Strength and Conditioning Coach with the directive of building strong, well-conditioned, healthy, student athletes who can participate in multiple sports. Our strength and Conditioning Program works hand in hand with our Physical Education Department in providing safe and sound training regiments that promote life-long health and fitness.

CODE OF CHRISTIAN CONDUCT FOR STUDENTS AND PARENTS

The students' interest in receiving a quality, morally based education can only be served if students, parents and school officials work together. Normally, differences between these individuals can be resolved. In some rare instances, however, the school may find it necessary to require parents/guardians to withdraw their son. It shall be a condition of enrollment that the student behaves in a manner, both on and off campus that is consistent with the Christian principles of the school as determined by the school.

These principles include, but are not limited to, any policies, principles or procedures set forth in any student/parent handbook of the school, included, but not limited to the following:

- Parents/guardians are expected to work courteously and cooperatively with the school to assist the student in meeting the academic, moral, and behavioral expectations of the school.
- Students and parents/guardians may respectfully express their concerns about the school operation and its personnel. However, they may not do so in a manner that is discourteous, scandalous, rumor driven, disruptive, threatening, hostile, or divisive.
- These expectations for students and parents/guardians include, but are not limited to, all school-sponsored programs and events (e.g. athletics, field trips, etc.).

The school reserves the right to determine, at its discretion, which actions fall short of meeting the Christian principles of the school. Failure to follow these principles may result in a verbal or written warning to the student and/or parent/guardian and may result in disciplinary action short of a requirement to withdraw from the school (e.g. suspension of parent/guardian's privilege to come on campus grounds and/or participate in school activities, volunteer work, etc.) In instances of extreme behavior by a parent or guardian their child may be liable for immediate dismissal.

Any behavior that damages the reputation of the school is subject to a range of disciplinary actions, up to and including dismissal. This includes behaviors off campus, during, or outside of school hours. Examples include, but are not limited, to the following:

- Use of social media to defame and/or criticize the school, its employees, other students, or their family members.
- Any form of inappropriate behavior exhibited through email, text messaging, or in social media.
- Behaviors that necessitate law enforcement intervention.
- Behaviors that are in violation of Archbishop Riordan High School's Mission and Philosophy.

Administrative Removal

While it is of paramount importance that our students abide by the code of conduct, it is also important that members of Archbishop Riordan families conduct themselves in a respectful and courteous manner at all ARHS events. This includes athletic events (home or away), fundraising events, or any event on the Archbishop Riordan campus that is sponsored by ARHS. Parents and other members of ARHS student families are never permitted to verbally or physically accost, threaten, or harm any faculty or staff member of ARHS, or any other person at an ARHS function. Failure to comply with this directive may result in Administrative Removal. Under Administrative Removal, the Administration reserves the right to remove a student from his class schedule whose parents or family members have been harmful until the matter is resolved. This may also include the exclusion of a parent or family member who has been harmful from attending further ARHS events (on or off-campus). In extreme circumstances, this may result in the dismissal of the student.

ATHLETICS IN MARIANIST FAMILY SPIRIT

A. Create a favorable environment for Athletics

The Athletic Community models Marianist Family Spirit by providing a climate of acceptance, discipline, and love. The athletic community acts as a **“second family,”** fostering human growth and maturity. From the norms, beliefs, values, attitudes, and capabilities of all the people associated with an athletic community, culture emerges. All members of the athletic community share the responsibility to create and sustain an environment in which can flourish beauty, simplicity, harmony, discipline, and creativity. When this responsibility is faithfully fulfilled, the result benefits and forms all its participants.

B. Cultivate interpersonal relationships characterized by openness, respect, integrity, and dialogue.

The Athletic Community strives to create a gracious environment by providing time not only to coach, but also frequently to praise, thank, and recognize all members of the athletic community. Because we perform our vocations by **“our every word, gesture, and look”** we listen attentively and engage in dialogue with trust and empathy. By being available and open to others, we continue to make the gospel vibrant in the daily life of our athletic community.

C. Form an Athletic Community with collaborative structures and processes.

Effective collaboration requires good communication, clear lines of authority, and respect for the principle of subsidiarity. Preeminent among the signs of Marianist collaboration is creating practical structures for teamwork among Coaches and Student Athletes. We also seek effective ways to work with families of our students for mutual support and to reinforce our common mission. Furthermore, we cooperate with other Educational, Athletic, Multicultural and Faith Based Organizations for growth and understanding of our vocations and the populations we serve.

D. Express our leadership as a loving and dedicated service

In Marianist athletic communities, authority exists not for its own sake, but for the common good. Responsibly used, authority helps students to learn, and coaches lead with a collaborative style. We exercise authority to facilitate change and provide direction, but also to communicate with trust and honesty, to create in our athletic programs a democratic and harmonious atmosphere. When necessary we discipline with a **“prudent tendency to leniency,”** calling each student to personal and communal responsibility.

E. Influence others by exhibiting the Marian traits of openness, hospitality, graciousness, and faith.

The Athletic Community should be a source of family spirit and a model of Marian virtues. In the daily life of a hospitable Athletic Community, we give and receive freely and gratefully. Our friendliness and hospitality signify our trust in other people and our faith in God's loving acceptance of us.

MARIANIST COACHES AT ARCHBISHOP RIORDAN

- Regularly challenge student athletes to display behavior that reflects high standards
- Lead by example and words
- Coach with others to accomplish our school's mission
- Respect the feelings of others
- Are consistent, but flexible, in implementing team guidelines
- Listen well and gather all necessary facts in order to make informed decisions on discipline
- Act as witnesses to the community their faith commitment, and concern and respect for each student athlete and other members of the community
- Emphasize the importance of the student athlete in being a positive participant in team activities
- Witness to student athletes a respect differences among people
- Regularly communicate with student athletes team goals and school mission.
- Blend justice with mercy, yet work within the guidelines established by the school
- Discipline student athletes in a respectful and gentle manner
- Reflect an enjoyment in coaching and forming students
- Attend my student athletes various extra-curricular activities to support their whole person
- Will not gossip about students and other members of the school community
- Cooperate with colleagues when planning instructional activities
- Respond to all communications in a timely manner
- Model good sportsmanship and polite conduct
- Exhibit flexibility

TEAM PRAYER:

As a Catholic School in the Marianist Tradition, Team Prayer will be said before and after every athletic contest. Coaches and/or Team Chaplains can create/use prayers of their choice, or use the one below.

COACH/CHAPLIN: As a Catholic School in the Marianist tradition we begin all activities by asking for our Mother's blessing.

ALL: In the name of the Father, and the Son, and the Holy Spirit. Amen.

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death, Amen.

BEFORE CONTESTS

COACH/CHAPLAIN: Holy Mother, we come before you tonight and we give you thanks for your many blessings. May the actions of all here this evening, coaches, players and fans, always reflect your love for all people. Please keep all the athletes free from injury and may they be strengthened in mind, body and soul to perform their best each day.

And together we pray the Marianist Doxology:

AFTER CONTESTS

COACH/CHAPLAIN: Holy Mother thank you for watching over our competition today. Let us grow in both our successes and in the lessons we learned which made better people and athletes. Continue to instill in us the desire to learn constantly, the goodness to serve generously, and the courage to lead wherever you call.

And together we pray the Marianist Doxology:

ALL: May the Father and the Son and the Holy Spirit be glorified in all places through the Immaculate Virgin Mary. Amen.