





Let us begin as we do all things...

In the Name of the Father, the Son, and the Holy Spirit...amen.



Junior Class Weekly Newsletter

Weekly Newsletter checking in and updating them with info.

Remind App

Another communication platform that allows for real time messages and space to share content.



Google Form

Attached in the newsletter as link for students to set-up zoom mtgs.

Email

Any questions/concerns that come upu can be sent through email.



WHOA!

One more year and your students will be getting ready to go to college?!?

TIME FLIES RIGHT?!?



ACADEMICS

Staying on track.



THE COLLEGE RESEARCH PROCESS

Finding the right fit.

TESTING

Preparing for what's ahead



FINDING OPPORTUNITIES

Seeking and finding.

01
ACADEMICS
CAPABLE.



SHOW YOUR CAPABILITY.

- Find your focus & create goals
- Get organized
- It's never too late. * NEVER GIVE UP

The most important factor is whether or not you **care** enough to make the effort needed to reach your goals.



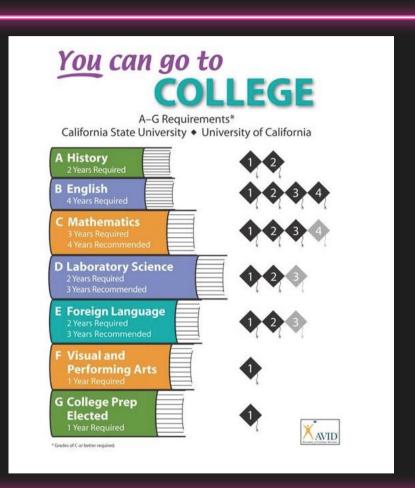
GRAD REQUIREMENTS

Class of 2020, 2021, 2022, 23

- 4 Courses (40 credits) English Laboratory Science - 3 courses (30 credits) Mathematics - 4 courses (40 credits) - 2 courses (20 credits) Modern Language Physical Education - 1 course (10 credits) - 4 courses (40 credits) Social Science Theology - 4 courses (40 credits) Visual & Performing Arts - 1 course (10 credits) - 3 courses (30 credits) Electives (Variable)/5 credits Enrichment

All students must complete 100 hours of community service to graduate.

• Transfers coming in who may be concerned that they are not matching up to this, don't worry. As a college prep we want to make sure you are at the very least A-G eligible. Most will have opportunity to go above and beyond.



STRESS

Because it is a big year, you may start feeling more stress about your work and what you have to do to get done. Don't procrastinate.

Meet with your teachers. Have a plan. Have a schedule.





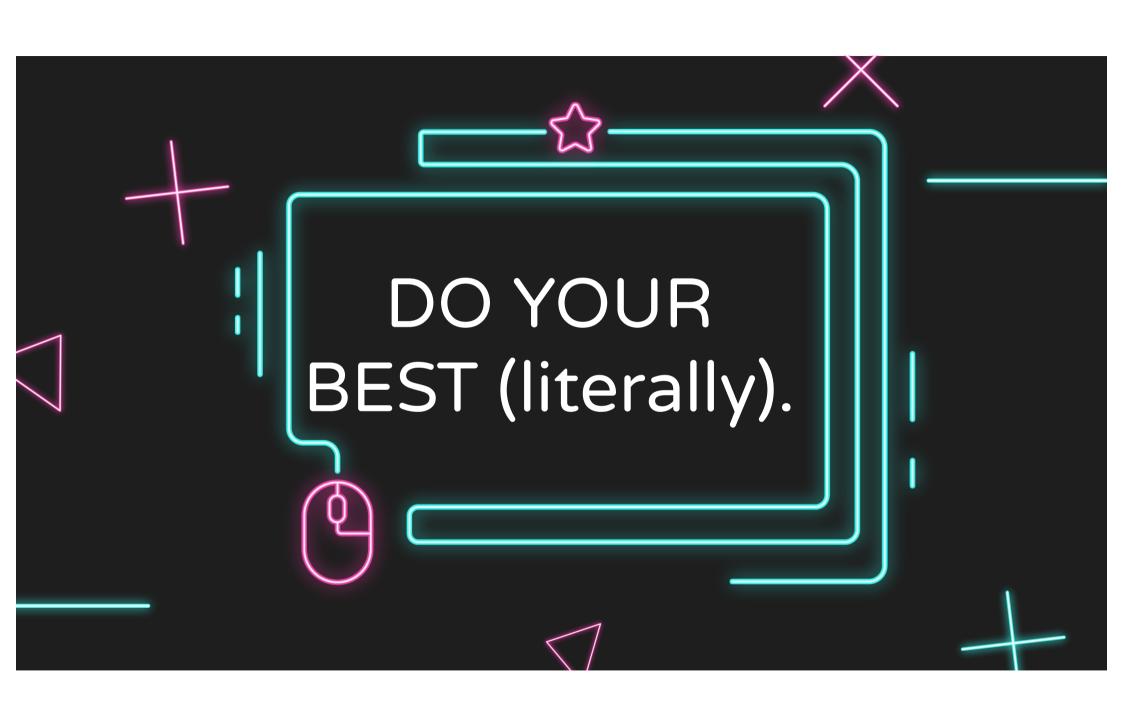
SLEEP

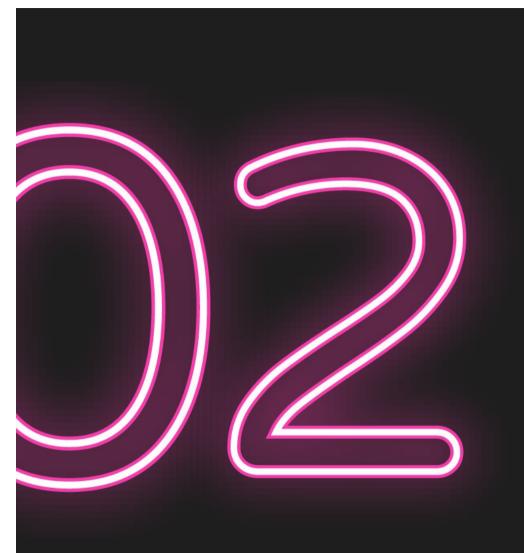
Good sleep can improve concentration and productivity. It's important for various aspects of brain function. It enables the body to repair and be fit for the next day, which means organization/time management will be key.



Yes, coffee helps, but let's create habits where we're not dependent on coffee to get us through the day. If we create a plan, we can enjoy coffee versus depend on it.

ROUTINE IS GOOD: shower, getting dressed, making bed, etc.





02 TESTING

What is happening with testing?

SAT

Schedule test date.
Prep. Usually
recommend March.



RESULTS

Do your best. Get scores and see if you need to take again. Can take all the way up to December of senior year.



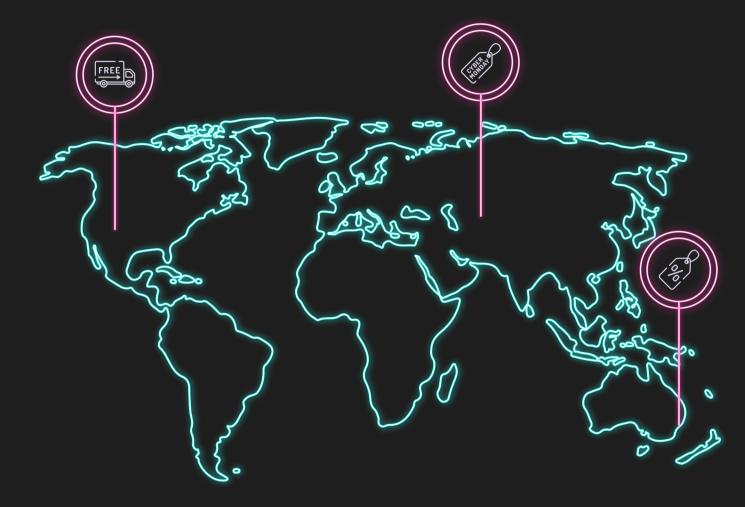
ACT

Schedule test date. Prep. Usually recommend April.

BEST SCORE

Submit scores.
Some schools
super score
(combine best
sittings), etc.

DEPENDING ON WHERE YOU WANT TO GO....



YOU SHOULD KNOW WHAT SCHOOLS ARE SAYING ABOUT THEIR OUTLOOK ON STANDARDIZED TESTS

So far, Dartmouth College, Yale and Brown University still require them, as do Stanford and highly selective colleges on the West Coast. But many of the schools that compete with those big names are moving ahead to make the tests optional. "We know that there are fewer opportunities to take the SAT or ACT given the cancellations to date," Harvard said in a statement. "You will not be disadvantaged in any way if you do not submit subject tests."

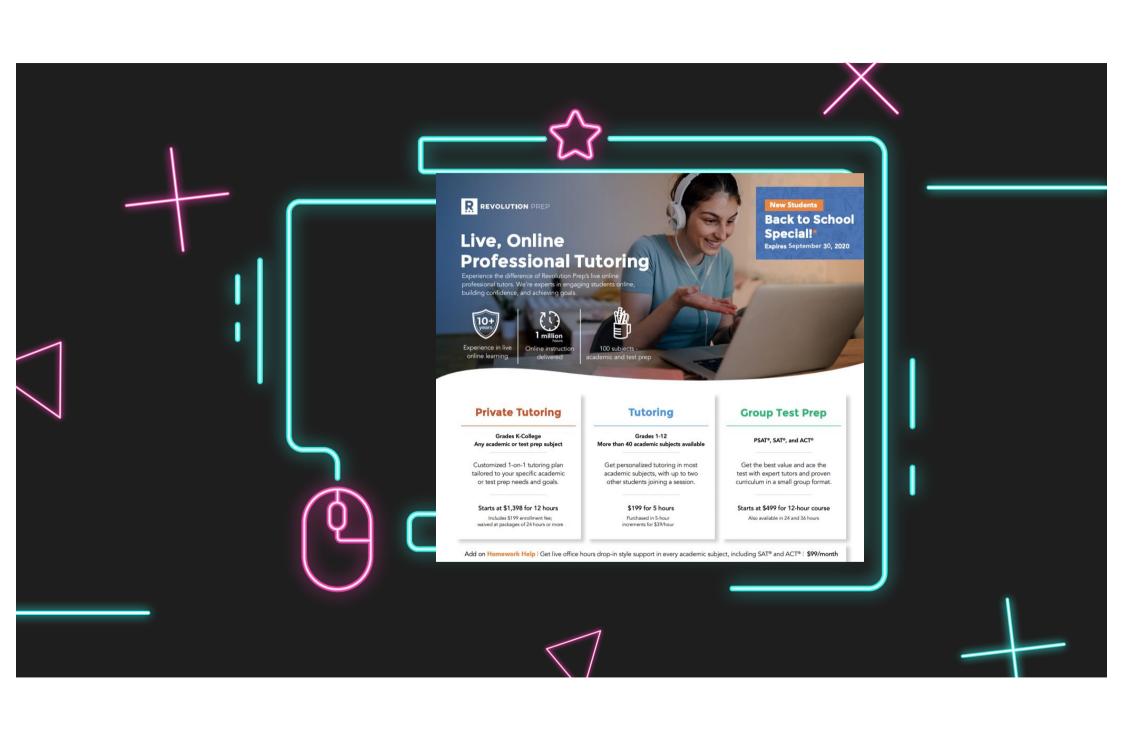
In Washington State, where the outbreak struck early, the <u>University of Washington</u> took similar steps. The <u>University of Oregon</u>, <u>Oregon State University</u> and <u>Scripps College</u> in Southern California all recently announced that they would no longer require standardized tests.

Even if you have signed up for a test, you may not be able to take one until June possibly, so what should we do or even advise?

Some things to consider:

Do scholarships require test scores?
Some of the colleges who are going test optional are only enforcing one year policies.

Some colleges place students in high level classes based on test scores.





O3THE COLLEGE

RESEARCH Where do I want to go and why?

PROCESS



5,300



Approximately 5,300 colleges and universities in the US.

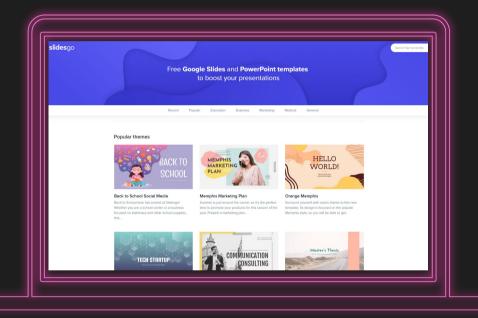


Simplify the process.





Great tool to start the college research process.



Our College Counselors will set-up one on one meetings as well as College Workshops for our students to walk through the entire process.

UC SYSTEM 3.0 and above..

CSU SYSTEM .

2.5 and above..

COMMON APP

private/out-of-state/holistic

High School Course Requirements ("a-g" courses)

The CSU requires a minimum 15-unit pattern of courses for admission as a first-time freshman. Each unit is equal to a year of study in a subject area. A grade of C or better is required for each course you use to meet any subject requirement.

Area	Subject	Years
a.	History and Social Science (including 1 year of U.S. history or 1 semester of U.S. history and 1 semester of civics or American government AND 1 year of social science)	2
b.	English (4 years of college preparatory English composition and literature)	4
C.	Math (4 years recommended) including Algebra I, Geometry, Algebra II, or higher mathematics (take one each year)	3
d.	Laboratory Science (including 1 biological science and 1 physical science)	2
e.	Language Other Than English (2 years of the same language; American Sign Language is applicable - See below about a possible waiver of this requirement)	2
f.	Visual and Performing Arts (dance, drama or theater, music, or visual art)	1
g.	College Preparatory Elective (additional year chosen from the University of California "a-g" list)	1

The grades you earn in high school are the most important factor in CSU admission decisions. Your high school grade point average is calculated using your grades in all your college prep "a-g" classes completed after the 9th grade.

Test scores are required unless you have a grade point average (GPA) above 3.00 and are a resident of California. The CSU uses a calculation called an Eligibility Index that combines your high school grade point average with the score you earn on either the SAT or ACT tests.

Even if you have a GPA above 3.00, it is useful to take either an SAT or ACT as the score may indicate if you do not need to take English and math placement tests after you are admitted and before you enroll at the CSU. The Eligibility Index for out-of-state students is higher and admission requirements for international students are somewhat different.

- To meet minimum admission requirements, you must complete 15 year long high school courses with a letter grade of C or better — at least 11 of them prior to your last year of high school.
- California applicants must earn at least a 3.0 GPA
- Fall 2021 and fall 2022 enrollment
 - O UC will be <u>"test-optional"</u> for fall 2021 and fall 2022. Freshman applicants are not required to submit SAT/ACT test scores.



What does "test-optional" mean?

- You choose whether or not to submit SAT/ACT scores with your application.
- If you are unable or choose not to submit test scores, your application will still receive full consideration.

SAT/ACT scores may be used for:

- Admissions: Some campuses may choose to consider your test scores as part of their application review process. Remember, no admission decision is based on a single factor.
- Scholarships. Some scholarships may include test scores as a factor in selection.
- Determining eligibility for the statewide admissions guarantee.
- Course placement after you enroll.

Additional campus-specific information will be available this fall for the fall 2021 application cycle.



What Is the Common Application?

The <u>Common Application</u> is a college application shared by its member colleges. Member colleges then accept this application from prospective students.

So what does this mean for you? Instead of filling out an individual application for each school, all you have to do is **fill out the Common Application once and send it to whichever colleges you want to apply to that accept it.**

However, this doesn't mean you can apply to dozens of colleges with the click of a button. **Many colleges have <u>additional supplements</u> you have to submit.** These are forms with additional questions and sometimes an <u>extra essay</u>.

Furthermore, most colleges have <u>application fees</u>, so you can't apply to hundreds of schools—unless, of course, you have a lot of money to burn!

Finally, the Common Application only accepts colleges that use a holistic review process. In other words, Common Application colleges look at each applicant as a whole, taking into account grades, SAT/ACT scores, essays, extracurricular activities, letters of recommendation, etc. Because of this, all of these components are part of the Common Application.



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WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?

Nonrest	rictive Application	Restrictive Application Plans		
Regular Decision	Rolling Admission	Early Action (EA)	Early Decision (ED)	Restrictive Early Action (REA)
DEFINITION: Students submit an application by a specified date and receive a decision in a clearly stated period of time.	DEFINITION: Institutions review applications as they are submitted and render admission decisions throughout the admission cycle.	DEFINITION: Students apply early and receive a decision well in advance of the institution's regular response date.	DEFINITION: Students make a commitment to a first-choice institution where, if admitted they definitely will enroll. The application deadline and decision deadline occur early.	DEFINITION: Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm.
COMMITMENT: NONBINDING	COMMITMENT: NONBINDING	COMMITMENT: NONBINDING	COMMITMENT: BINDING	COMMITMENT: NONBINDING
	cted from applying to othersider their options and co	Students are responsible for determining and following restrictions.		



04 Finding
Opportunities

ARE YOU A LEADER?

BE PRESENT

Engagement is important.

BE CURIOUS

Have a quest for knowledge.



BE COURAGEOUS

Speak up. Get clarity.

BE GRATEFUL

Your attitude is everything. If you are grateful for your opportunities, you'll have a better shot at achieving your goals.



THANKS!

Do you have any questions?

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