

**ARCHBISHOP RIORDAN
HIGH SCHOOL**



**2009-2010
PARENT & STUDENT-ATHLETE
HANDBOOK**

Mission Statement

Sharing in the larger mission of the Church, Archbishop Riordan High School, an Archdiocesan Catholic School in the Marianist tradition, develops the character of young men and instills Gospel values in an environment of academic excellence that reflects the cultural richness of the San Francisco Bay Area.

Alma Mater

*Sing from the top of the mountain,
Of Riordan's hallowed name.*

*Ring through the soft, green valley,
Our Alma Mater's fame.*

*Our purple is our loyalty,
Our gold is tried and true.*

*All hail to Riordan High School,
Hail Alma Mater! Hail Alma Mater!
Hail, all hail to you!*

-Br. Carl Spooner, S.M. (1949)

Marianist Doxology

May the Father, the Son, and
the Holy Spirit be glorified in all places
through the Immaculate Virgin Mary
Amen.

Welcome to the 2009-2010 athletic season at Archbishop Riordan High School. The Crusaders have a proud history in its athletic program and the contribution our student-athletes build a strong sense of community. We expect that all student-athletes embrace the school's tradition of outstanding sportsmanship, citizenship and fair play. We are looking forward to a season of thrills and success. We always ask for your kind and gracious support of our student athletes. This guide provides the goals and objectives, along with the responsibilities and expectations of coaches, parents and student-athletes while actively involved in our athletic program. Because student-athletes are held to high standards of performance and sportsmanship during school and non-school functions, acceptance of these responsibilities to himself and to his team is essential. Students are expected to perform at a high level of physical fitness in their sport activity.

Archbishop Riordan High School has adopted training rules to ensure that students maintain a healthy body during their season of sport.

Parental support for these standards of excellence is needed to insure that the proper values are in place for our athletes as guidelines for their participation.

Please read this guide and review it with your son. It is our desire that we are in agreement regarding the priorities of Archbishop Riordan athletics as we start the 2009-2010 Crusade.

Go Crusaders!

Archbishop Riordan Crusaders Athletics
175 Phelan Avenue
San Francisco, Ca. 94112
(415) 586-8495
Fax: (415) 587-1310

Fr. Thomas French, S.M. - President

Mr. Kevin Asbra - Principal

Mr. Ron Isola - Director of Athletics

WCAL Sports Programs

Fall - Cross-Country - Football

Winter - Basketball - Soccer - Wrestling

Spring - Baseball - Golf - Tennis - Track & Field

Head Varsity Coaches

FOOTBALL

MIKE LANGRIDGE

CROSS-COUNTRY

RANDY MCLAUGHLIN

BASKETBALL

RICH BUCKNER

SOCCER

LUIS ROSALES

WRESTLING

VIC ANASTASIO

BASEBALL

RON ISOLA

TRACK

MARC ROCILLO

GOLF

DENNY MCCLELLAN

TENNIS

ED STEPHENS

TRAINER

MIKE GALVAN

AFFILIATIONS

Archbishop Riordan High School, a San Francisco Archdiocesan school, is a member of the California Interscholastic Federation (CIF) and the West Catholic Athletic League (WCAL). The purpose of these associations is to promote fair and equitable interscholastic athletic competitions for member schools as participants.

As a member of these associations, it is the responsibility of all administration, coaching staff, parents, and students to adhere to and support the rules and regulations that govern the activities sanctioned by these organizations.

California Interscholastic Federation

CODE OF ETHICS

It is our duty...

- To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- To eliminate all possibilities which tend to destroy the best values of the game.
- To stress the values derived from playing the game fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a happy relationship between visitors and host.
- To respect the integrity and judgment of sports officials.
- To encourage leadership, use of initiative, and good judgment by the players of the team.
- To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- To recognize that the purpose of athletics is to promote the physical, mental, social, and emotional well-being of the individual players.
- To remember that an athletic event is only "a game" not a matter of life and death for a player, coach, fans, officials, or school.

WCAL SPORTSMANSHIP CODE

What is Sportsmanship?

Sportsmanship - the practice of playing fair, of taking loss or defeat without complaint or victory without gloating and treating opponents with fairness, generosity, and courtesy.

In accordance with the WCAL league philosophy and goals, the promotion of sportsmanship is integral to the functioning of this league. As a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity, sportsmanship demonstrated by all involved in athletics is perhaps the clearest sign that this league and its member schools are treating athletic participation as "integral to the common Catholic mission of our schools."

PHILOSOPHY AND EXPECTATIONS

1. In each program a coach and/or coaches are hired by the school to be responsible for team selection. The criteria for selection of team members is established by the head coach, with input from the entire coaching staff. This may be a highly subjective process. Team selection, practices and decisions regarding game situations are the responsibility of the coaching staff. If you have questions regarding the process, please feel free to address these issues with the head coach. Please call to make an appointment outside of school, practice or game time. If you have further questions the coach has not been able to answer, please contact the Director of Athletics.

2. Archbishop Riordan High School's athletic program has always been highly competitive. Due to limited opportunities and league limits we are not able to provide a place for every student on a team. While this is not our desire, it is a reality. The hardest thing our coaches have to do is to tell a young athlete he will not be on a team.

3. Parents, please be sure when your son tries out for a team, both you and he understands that there is a real possibility he may not be selected. If selected, both you and your son should be prepared to accept placement at any level (i.e. freshman, junior varsity or varsity). It is trying for all those involved to have students make the team and then choose not to commit to being a member of the team because they were not placed at their level of choice. By doing this, they have taken away someone else's opportunity to be on a team.

4. The coaches' job is to do the very best in keeping the most talented athletes, filling positions for play, and appropriately placing them on the proper team. We believe it is the coaches' responsibility and right to select the team with whom they will work for the entire season.

5. Our experience in athletics reveals there are many "select teams" (i.e. All Stars or traveling teams) sponsored by many different organizations. Each coach looks for something different in his players. Participation on a "select team" does not guarantee any player a spot on any high school team.

6. "Playing Time" A main goal of a competitive athletic program is to put the best team on the field in order to win a contest. Starting positions and playing time are not guaranteed to anyone who makes a team. Each member of the team is valuable to the team's overall progress. Some members may play a great deal of time in a contest while others may not receive what an athlete or parent would consider "significant" playing time. Talent, a specific skill, effort at practice, work ethic, discipline and the like are all factors with which the coach makes his decision. Each athlete should have personal improvement as one of his goals.

7. By being a member of a team, regardless of the time spent in actual competition, a player can learn many valuable lessons. Among them are the following: sportsmanship, appreciating good play by an opponent, learning to accept instruction and criticism, respect for others, teamwork, work ethic, winning and losing with dignity, self-control, and being responsible for one's action. We certainly hope that this helps all to understand the goals and philosophy of our competitive athletic program.

EXPECTATIONS

The overall success of the Archbishop Riordan Athletic Program depends on the commitment and communication of all constituents. Fulfillment of expectations by athletes, parents, spectators, coaches, and school administrators will ensure a positive experience for everyone. A coalition among athletes, parents, spectators, coaches, and school personnel is essential if Archbishop Riordan student-athletes are to realize the values of athletic participation.

Archbishop Riordan High School is committed to providing a sportsmanlike environment for students, coaches, and spectators. A good sport can take a loss or defeat without complaint and/or victory without gloating. He treats opponents with fairness, courtesy, and respect. The Code of Ethics and consequences of inappropriate behavior apply to any participant and/or spectator at any and all athletic competitions.

Thank you for your help and cooperation in working together.

The student-athlete at Archbishop Riordan High School shall...

1. Be a worthy representative of teammates and coaches, abiding by school expectations and reflecting the team values of commitment and hard work.
2. Accept the responsibilities of team membership: cooperation, support of my teammates, shared responsibilities, positive interaction and mutual respect.
3. Make time to succeed both in the classroom and the athletic arena.
4. Abide by all attendance policies of ARHS.
5. Maintain health and fitness levels by following the training rules prescribed by the Athletic Department and the coach.
6. Reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice.
7. Attend every practice unless previously excused by the coach.
8. Find time for family relationships and responsibilities.
9. Lead by example.
10. Follow the behavior guidelines in the Archbishop Riordan Parent/Student handbook before, during and after all athletic activities (games, practices and meetings). Coaches are teachers and as such will be afforded the same respect. Any disrespect or insubordination during athletic activities will be referred to the Dean's Office and dealt with accordingly.
11. Follow the dress code for their particular sport. The dress code for each program is established by the head coach.
12. Finish the season that he starts. Failure to finish a season once the athlete has made a commitment to the team is a serious matter. Athletes who drop off a team may not play another sport until the previous sport has been completed and a meeting has been held with the student, coaches involved and the Director of Athletics.

The parent of an athlete at Archbishop Riordan High School shall...

1. Attend the various athletic parent meetings before the start of the season.
2. Be a fan of everyone on the team.
3. Respect the decisions of officials, other fans and the opposition.
4. Not "poison the waters" toward a coach, the program or teammates by their conversation.
5. Adhere at all times to the Archdiocesan "Code of Conduct for Students and Parents", which is to be found in the ARHS student handbook.
6. Work with other parents and school personnel to assure a wholesome and successful athletic program for the school.

7. Ensure timely transportation for the athlete both before and after a sporting event.
8. Be encouraged not to attend practice. Too often parents become distractions to their son and the coaching staff.

Your help in this matter is expected and sincerely appreciated.

CONDUCT: The importance of parents behaving as model spectators cannot be overstated. Of particular concern are parents who harass officials or make comments in the stands regarding decisions made by the coaching staff. This is counterproductive and tends to destroy the values of good sportsmanship and team harmony.

The spectator at Archbishop Riordan High School shall...

1. Emphasize the proper ideals of sportsmanship and ethical conduct.
2. Show cordial courtesy to visiting teams, officials, and spectators.
3. Respect the integrity and judgments of sports officials.
4. Recognize that the purpose of athletics is to promote the physical mental, moral, social, and emotional well being of the individual student-athletes.
5. Give encouragement to injured athletes and recognition to outstanding performances for either team.
6. Place the importance of athletic contests in the proper perspective.
7. Refrain from berating opponent's school or mascot.
8. Refrain from obscene, inappropriate, unsportsmanlike, and /or negative cheers or gestures toward the student –athletes and/or spectators from the opposing school and /or sports official referees.
9. Refrain from obscene, inappropriate, unsportsmanlike, and /or negative signs which include the name of the opposing school or name of students of the opposing school.
10. Avoid any behavior inconsistent with the Archbishop Riordan High School philosophy and mission statement, code of Christian conduct, code for student behavior, and/or the sportsmanship code of conduct.
11. Be dressed appropriately and abide by the school's grooming and discipline codes.
12. Remain on Archbishop Riordan's designated side, if an ARHS student.

The coach at Archbishop Riordan High School shall...

1. Set a good example for players and fans to follow.
2. Be positive, fair and consistent with players.
3. Establish and organize practice for the team on a daily basis.
4. Communicate with the players and parents.
5. Be responsible for the discipline of the team according to the rules of ARHS.
6. Stress the importance of health by discouraging use of alcohol, tobacco, performance enhancing drugs, illicit drugs and encouraging healthy choices in foods, exercise, sleep, and training.
7. Protect the safety of all players.
8. Be professional in dealing with the strategies and rules of his/her sport.
9. Be available to talk with players and parents.
10. Impose time demands that acknowledge the primary importance of each athlete's academic and family responsibilities.
11. Assist whenever appropriate and mutually convenient, with the post-high school planning of players as it relates to athletics.
12. Work with other school personnel to guarantee the best interests of each of our student athletes.
13. Protect the confidentiality of athletes with regard to grades, family situations, and personal issues.
14. Abide by all federal and state laws regarding mandated reporting of child abuse cases.

15. Have a clearly stated practice and attendance policy that is implemented and enforced fairly.

The Archbishop Riordan High School Director of Athletics and school administration shall...

1. Hire and evaluate a head coach for each sport.
2. Participate in the hiring and evaluation of assistant coaches for each sport.
3. Provide all of the necessary equipment for the coaching staff.
4. Assist in the scheduling, medical clearance records, scheduling of transportation, and end of season awards.
5. Enlist the support of student leaders in the development of sportsmanship programs.
6. Maintain a good relationship with the media; keep them well-informed of the activities and the objectives of the ARHS Athletic Program.
7. Support coaches and uphold the guidelines for athletes, parents, spectators, and coaches.

ACADEMIC POLICIES

Grade Point Average

According to the CIF, WCAL, and Archbishop Riordan policies, an athlete must maintain at least a 2.0 GPA per quarter grading period in order to participate. A student who earns below a 2.0 at the end of a quarter grading period will be placed on probation. Failure to achieve a 2.0 in two consecutive quarter grading periods will make the student ineligible for extra-curricular activities.

School Attendance

Students must attend school at least (2) full academic class periods the day of an athletic competition. In the event of a Saturday competition, the student must attend at least (2) full academic class periods of the previously scheduled school day. Students who do not attend school on a given day are not allowed to attend or participate in an athletic event. If a student is absent from school, it is the student's responsibility to inform the coach of his absence from a scheduled athletic event. During the school day, it is expected that all athletes arrive at each class on time.

EARLY DISMISSALS

Early dismissals are to be kept to a minimum. It is presumed that athletes will change for games during the lunch period. For contests held on campus, every effort should be made to allow students to complete the entire school day.

Homework

Students who participate in extra-curricular activities have much less time in the afternoons and evenings and even weekends. It is imperative that the athletes in Archbishop Riordan's athletic department use time management skills, this may mean getting up early to complete homework, working ahead on the weekends, and/or spending time in the library before evening practices begin. Parents are expected to discuss time management ideas with their sons and to help their sons structure their day in order to achieve success in all areas. "Classroom effort is a large part of learning, but a student's class work is only as good as his homework. Written homework is only a small part of the learning process; far more important for success are the reading of materials and continual review. Most students will need from two to three hours of undistracted time for homework each day in order to maintain an acceptable scholastic average."

Study Hall

It is the option of each specific coach to hold and staff a study hall, either optional or mandatory, for the players on a specific team. Parents and athletes are expected to abide by the rules

established by the coach. All classroom and school behavioral expectations are to be followed during study hall.

Progress Reports

Coaches have the option of requiring athletes to print out and turn in a progress report. Academic eligibility, or lack thereof, can significantly affect an athletic season. The administration is pleased to employ coaches who take time to support the Archbishop Riordan academic policies. Coaches will maintain confidentiality with respect to an athlete's grades.

FINANCIAL OBLIGATIONS, FEES, AND REFUNDS

The athletic department provides each team with supplies required for the particular sport. Many teams will have uniforms or equipment that is used from year to year, are on loan to the individual athletes for the duration of the season, and must be returned in good condition. Many times, however, it is necessary for the athlete to purchase individual items. Every effort will be made to minimize the cost of the items and the number of items an athlete is expected to purchase. All purchases take place in the Prep Shop. Once an athlete has ordered and/or purchased an item, no refund is given.

During the sports season, athletes may be expected to contribute money for specific events (for example: retreats, extended trips, and team dinners) every effort will be made to minimize those costs.

COMMUNICATION

Many problems can be avoided if the lines of communication are courteous and consistent. Coaches will make every effort to communicate at the beginning of the season their rules, expectations, practice and competition schedules, and all other pertinent information. It is the duty of the coach to plan meetings and prepare schedules, newsletters, parent letters, and the like to keep athletes and parents informed. It is the parents' responsibility to read and keep up to date with team information.

Complaints

In keeping with school policy, it is in the best interest of the athlete to begin conversations regarding complaints at the lowest level possible, namely the athlete and the coach. If the athlete does not feel the conversation has resulted in clear communication, he may choose to involve a parent. Once again, parents should first speak with the coach of their son's particular team before attempting to contact an administrator. However, if an athlete, parent, or coach is uncomfortable meeting alone, he or she may request the presence of an administrator.

LINES OF COMMUNICATION

Each coach will provide a phone number and email address where they can be reached. Parents are expected to communicate using one of those methods. Spontaneous visits especially with the expectation of a conversation after a team event (practice, game, dinner, meeting, or the like) is inappropriate.

Communication regarding student-athlete attendance

Each student-athlete is expected to communicate directly with his coach regarding the need to miss the beginning and/or entire scheduled team event. Direct communication is considered a face-to-face conversation, a hand written note, an email, or a phone call. It is expected that athletes will carry the phone number and email address of the coach at all times and will use it appropriately when necessary. Computers are available on campus for students to maintain communication. Hand written notes to be delivered by another teammate are discouraged.

Confidentiality

Every effort will be made to keep personal issues and conversations confidential. With that being said, the information will only be kept confidential if it in no way relates to the athlete hurting himself or another person. If one's life, health, or safety is in danger, a head coach, counselor, and/or the Director of Athletics must be notified immediately. In addition, the ARHS athletic department abides by the child abuse reporting statutes of California.

Counseling

The Guidance Department and counseling staff at Archbishop Riordan High School is available during every school day. The Guidance Department also assists students in their college search. Every effort will be made on the part of the coaches, Director of Athletics, and the Guidance Department, to help athletes and parents in their search for college athletic opportunities. Parents and athletes need to remember, however, that the percentage of high school athletes who go on to Division I NCAA sports programs is very small. No guarantee is made that success on a Varsity sports team here at Archbishop Riordan High School will result in an athletic scholarship or membership on a college team.

HARASSMENT

The Archdiocese of San Francisco affirms the Christian dignity of every student. Harassment is unacceptable conduct that is severe, pervasive, and deliberate. Harassment occurs when an individual is subjected to treatment in a school environment, which is hostile, offensive, or intimidating because of the individual's race, creed, color, national origin, physical ability, sexual orientation, or gender. Harassment of any student by another student is prohibited and will not be tolerated. It is the policy of the Archdiocese to provide an educational environment in which all students are treated with respect and dignity. Sexual harassment includes, but is not limited to, unwelcome sexual advances, requests for sexual favors, and other verbal or physical contact of a sexual nature.

It is the student's responsibility to conduct himself in a manner, which contributes to a positive school environment.

TRANSPORTATION

Transportation to and from all athletic competitions will be provided by ARHS. While on the bus or in a school van, athletes are to maintain a level of behavior consistent with being a representative of ARHS. Litter is to be removed and windows closed by the team at the conclusion of the trip. There is to be no eating on any ARHS vehicle. At no time may a student drive another student to a game or practice. Students may drive themselves to a game or practice after a note from his parents has been given to the coach.

An athlete may be excused from riding the bus or van only as a result of a signed request by that athlete's parent. It is preferred that athletes ride ARHS vehicles to and from ARHS athletic events. However, a coach may excuse an athlete from such travel only as a result of a written request prior to the proposed travel. Athlete's may only travel with their own parents.

BEHAVIOR WHILE OFF CAMPUS

Athletes are representing Archbishop Riordan every time they leave campus. We remind students that, whenever they wear clothing identifying them as ARHS students, their words and actions affect the public perception of the school. It is of the utmost importance that all student-athletes behave accordingly. Athletes are expected to refrain from inappropriate language at all times. Inappropriate language is defined as the following:

- Commonly defined foul language.
- Any words normally deemed racist, sexist, or homophobic.
- Any language that is used to incite or provoke others.
- Any language that is malicious or disrespectful to others.

While on the campus of another school, athletes are expected to use common courtesy and follow all of the ARHS guidelines for behavior.

All locker room etiquette regarding Lost & Found and forgotten items apply while guests at another school. Items in the Lost & Found are not to be claimed by students who did not previously own the item. All unlabeled items found in the locker room should be turned in to a coach immediately. All labeled items found in the locker room should be returned to the owner or turned in to a coach immediately.

HEALTH ISSUES

The general health of ARHS athletes is an important factor for their success both in the classroom and during athletic competitions. The young men of Archbishop Riordan and their parents must make every effort to follow commonly accepted guidelines for sleep, diet, and cleanliness. Studies have been done regarding the number of hours of sleep a student gets and their success in the classroom. Young adults need quite a bit sleep to help their bodies grow and athletes need even more sleep to allow their bodies to recuperate from its workouts.

It is very difficult for a student to concentrate during class without a well nourished body. Even with morning practices time should be made for a balanced breakfast. When late practices or competitions are scheduled, healthy snacks and pre-packed meals should accompany the athlete. Eating disorders are on the rise in every age group and in both sexes. It is important for parents to know what their son is eating.

Finally, athletes are encouraged to shower each and every day. Shower facilities are provided at every league site and while on-campus at ARHS. It is a very uncomfortable conversation for a coach to ask a young man to shower and/or ask him to wash his clothes. Parents, please help your sons maintain an appropriate level cleanliness.

TEAM ATTENDANCE POLICIES

It is up the head coach of the particular sport and the coach of the individual team to establish team policies, including the policies regarding practice and competition attendance. On the whole, however, the Archbishop Riordan Athletic Department supports and works to maximize the dedication of each individual athlete. Success can only be achieved with complete commitment from every coach, athlete, and their families.

Each athlete is expected to communicate directly with his coach regarding the need to miss the beginning and/or entire scheduled team event. Direct communication is considered a face-to-face conversation, a hand written note, an email, or a phone call.

Absences Due to Detention

Detention is a punishment given to students who are late to class or exhibit other unacceptable behaviors. The Dean of Students issues such punishment, and it usually involves an hour of

service after school. Every effort should be made on the part of the athlete to appropriately speak with the Dean to schedule detention for a time that does not conflict with athletic events. For cases where a conflict occurs, coaches may treat absences for detention as unexcused absences (with consequences in keeping with team policies).

Absences Due to Teacher Request

Occasionally, teachers will require students to see them after school for remedial or make-up work. Athletes should make every effort to schedule these appointments at a time (ie. mornings, lunches, and alternate days) that does not conflict with an athletic event. Coaches will be flexible with these requests and with the note of a teacher should be viewed as an excused absence. Athletes need to maintain good time management in order to balance their responsibilities. Athletes may be asked to meet with the Director of Athletics, his coach, and possibly his teacher(s) when the missed practice time becomes excessive.

Extra-curricular Activities

Today's colleges look for well-rounded students. As a result, there are more and more programs and activities for young adults to participate. Many students are dedicated to a variety of activities, other than their ARHS team, both on and off campus. Athletes need to realize that they have made a commitment to their team and others are relying on them for the overall success of the team. At the beginning of the season, athletes are expected to have a conversation with their coach regarding their other responsibilities and activities. There must be awareness, on both sides, where the athlete's priorities lay and if a conflict between two different activities were to take place, how the conflict will be decided. Parent cooperation on this matter is imperative.

Retreats

During the sport season many teams take part in a team retreat. The retreats range in duration and in focus. Some teams have focused on team building by volunteering at the local food bank, others have gone on a tour of local colleges, still others have a team mass and dinner. All athletes are expected to participate in their team's activities and all team attendance policies apply.

USE OF EQUIPMENT

Many sports are inherently dangerous. Athletic equipment purchased by ARHS and provided to the athletes for use should be handled with extreme care. Athletes are not to be in the weight room, gym, jump pit, or the like without adult supervision. No student, who has not already been trained, is to use any equipment.

LOCKER ROOMS

Success in athletics is based on a team commitment to an individual goal, trust, and honesty. It is very difficult for a team, or the athletic program as a whole, to be successful if stealing is taking place in the locker room. How can one really rely on and sacrifice for another if there is uncertainty regarding honesty?

Parents and athletes are strongly encouraged to label everything with the athlete's name. It is easier to return forgotten or lost items when the owner's name is on them.

The Archbishop Riordan locker room is used for all physical education classes as well as every athletic team. Varsity teams are assigned a particular area of the facility for their use during their season. Lockers are a privilege and are the property of ARHS and the school reserves the right to enter a student's locker at anytime. It is expected that every Archbishop Riordan student-athlete treat all ARHS equipment with the utmost care. Defacing or damaging school property or the property of others is considered vandalism. All suspected cases of vandalism or stealing

will be reported to the Dean's office. Any student who engages or assists in theft of any kind against anyone will be liable for immediate expulsion. Witnessing or being aware of theft and failing to report it to the Dean's office may be interpreted as the assistance of theft. Finding an item and not immediately returning it or turning it in to a school authority may be interpreted as a theft.

ELASTIC CLAUSE

The Dean of Students and Director of Athletics reserve the right to amend, suspend, or add any new rules or guidelines to the aforementioned disciplinary policies in consultation with the Principal. Furthermore, the Administration reserves the right to enforce standards of conduct and behavior not mentioned in this Parent-Athlete Handbook or the ARHS Student-Parent Handbook.

REVIEW OF PURPOSE

Archbishop Riordan High School is proud of its athletic program and the contribution our student-athletes have made to build a strong sense of community. We are looking forward to a terrific 2009-2010 sports season. We expect that all student-athletes embrace the school's tradition of outstanding sportsmanship, citizenship and fair play.

This guide provides the goals and objectives, along with the responsibilities and expectations of coaches, parents and student-athletes while actively involved in our athletic program. Because student-athletes are held to high standards of performance and sportsmanship during school and non-school functions, acceptance of these responsibilities to self and to the team is mandatory.

GENERAL INFORMATION

High School Sports.Net

If you want the latest schedule for your favorite Crusader team, get on the school website www.riordanhs.org and select: "Athletics" then "View Schedules"

All the various schedules for the nine sports offered at Archbishop Riordan can be found on this website. You will also find weekly and monthly calendars of all the various sporting events. Directions (Map Quest) to all the listed opponents can also be found on this website.

Booster Club Meeting Dates

All ARHS parents are invited to join the ARHS Booster Club. We need your help and your ideas. Please serve as a Booster. Please plan to join the Boosters by attending our meetings.

There are no dues. Booster Meetings are listed on the school website calendar.